



MARINE HOTEL
BALLYCASTLE

TRADITIONAL AFTERNOON TEA

Served daily from 12-4:30pm



SANDWICHES

Glenballyeamon Eggs, Chive, Mayo
Baked Irish Ham, Armagh Cheddar, Pickle
Roast Beef, tomato, Grain Mustard
Ballycastle Smoked Salmon, Avocado, Fennel

BAKERY

Warm Homemade Scones, Fruit Preserves, Fresh Cream, Toasted
Barnbrack, Butter

PASTRY SELECTION

Walnut Carrot Cake, Chocolate Eclair, Finger Doughnut, Fruit
Meringue, Signature Shot Dessert, Lemon Drizzle Cake

Served with Freshly Brewed Tea or Coffee

£14.95 per person | Add a glass of prosecco for £4 per person
Booking is essential. Tel: 02820762222

SELECTION OF TEAS AVAILABLE

Subject to change

Assam

A strong full-bodied tea from India, which has a distinctive, 'malty' flavour.

Darjeeling

An aromatic and astringent tea from India, with a hint of almonds and wildflowers.

Earl Grey

A blend of black teas scented with oil of bergamot named after Charles, 2nd Earl Grey, who was Prime Minister from 1830 to 1834.

Camomile

herbal infusion made from
dried chamomile flowers and hot water

HISTORY OF AFTERNOON TEA

Tea consumption increased dramatically during the early nineteenth century and it is around this time that Anna, the 7th Duchess of Bedford is said to have complained of "having that sinking feeling" during the late afternoon. At the time it was usual for people to take only two main meals a day, breakfast, and dinner at around 8 o'clock in the evening. The solution for the Duchess was a pot a tea and a light snack, taken privately in her boudoir during the afternoon.

Later friends were invited to join her in her rooms at Woburn Abbey and this summer practice proved so popular that the Duchess continued it when she returned to London, sending cards to her friends asking them to join her for "tea and a walking the fields." Other social hostesses quickly picked up on the idea and the practice became respectable enough to move it into the drawing room. Before long all of fashionable society was sipping tea and nibbling sandwiches in the middle of the afternoon.